

# *Breakfast*

**(Served until 11:00 AM)**

## *Sunrise Breakfast*

One egg, grilled bacon, tomato and chips  
Served with fresh toast of your choice

**R58**

## *Breakfast Stack*

Rocket, scrambled eggs, mushrooms,  
tomatoes and mushroom sauce stacked on toast

**R69**

## *Ga Rouge Breakfast*

Two eggs, grilled bacon, creamy chicken livers,  
mushrooms, tomato, chips and toast of your choice

**R85**

## *Eggs Florentine*

Poached eggs on Ciabatta sautéed spinach and Norwegian  
salmon topped with Ga Rouge hollandaise sauce

**R85**

## *French Toast*

Traditional French toast served with maple syrup and sliced  
streaky bacon.

**R48**



# Gourmet Salads

## *Ga Rouge Apple Caesar*

Delectable greens, baby tomatoes, sliced apple, croutons, coriander and chicken served with a Garouge style Caesar dressing

**R79**

## *Peppered Roasted Beef*

Roasted butternut, feta, rocket, pumpkin seeds, peppered roast beef and caramelised onion served with dressing on the side

**R89**

## *Greek Salad (V)*

Delectable greens, baby tomatoes, sliced cucumbers, onion, feta and olives

**R69**

## *Peach Salmon*

Smoked Norwegian Salmon Carpaccio, mint, cucumber, Peach, cream cheese and delectable greens

**R89**

## *Biltong*

Biltong, red wine poached pears, creamy soft blue cheese, and mixed nuts served with a peppadew honey mayo dressing

**R84**

## *Citrus Popped Sorghum (V)*

Delectable greens, cucumber, feta, popped sorghum, olives and orange served with a Ga Rouge style Greek dressing

**R79**



# *Flat Bread, Open Sandwiches & Pita's*

**Served with your choice of  
Potato Fries, Sweet Potato Fries or Green Salad**

## *Grilled Flat Bread*

Grilled chicken breast, jalapenos, lettuce  
and sweet mayo sauce

**R79**

## *Roasted Beef Sandwich*

Rare Roasted beef, Brie cheese, gherkins, Dijon mustard and  
caramelised onions served on toasted Ciabatta

**R79**

## *Cajun Chicken Sandwich*

Sliced grilled chicken breast, grilled cabbage, pineapple, Cajun  
mayo and mozzarella cheese served on toasted Ciabatta

**R85**

## *Ga Rouge Gourmet Toasted Sandwich*

Bacon, Brie cheese, basil, apricot jam, mozzarella cheese and  
caramelised onions served on your choice  
of White or Brown toast

**R61**

## *Sweet Chilli Chicken Pita*

Grilled chicken breast, sweet chilli soya sauce,  
sliced onions, Mozzarella cheese and greens

**R75**

## *Smoked Salmon and Cucumber Pita*

Sliced cucumber, Greens, Cream cheese  
and Smoked Norwegian Salmon  
(option of sweet chilli)

**R79**



## *Burgers*

**Served with your choice of  
Potato Fries, Sweet Potato Fries or Green Salad**

### *Gourmet Chicken Burger*

Burger bun, Grilled chicken breast, bacon, caramelised onions,  
mozzarella and mushroom sauce

**R85**

### *Gourmet Beef Burger*

Burger bun, 200g Beef patty, poached pear, gherkins,  
caramelised onions, cheddar and a three-cheese sauce

**R89**

## *Pasta*

### *Ga Rouge Fettucine Alfredo*

Fettucine pasta, bacon, mushrooms in a rich cream-based sauce

**R87**

### *Penne Arrabbiata (V)*

Penne pasta, spicy tomato sauce

**R76**



# *Light Meals*

## *Chicken Breast*

Succulent Grilled Chicken breast basted with your choice of  
lemon and herb or BBQ sauce  
served with sweet potato fries or green salad

**R75**

## *Quiche of the day*

Chef's special quiche served with  
green salad or sweet potato fries

**R71**

## *Beef Trinchado*

Beef strips in a creamy Red wine, garlic and peri-peri sauce  
served with white rice on the side

**R81**





# From the Grill

*Include a side of your choice*

Sirloin 200g	R120
Fillet 200g	R160
Rump 300g	R130
Ribeye 300g (Off the bone)	R155
T-Bone 450g	R149

## Sauces

Three Cheese Sauce	R32
Creamy Garlic Sauce	R32
Pepper Sauce	R32
Chilli Sauce	R32
Mushroom Sauce	R32

## Gourmet Sauces

Amarula mushroom sauce	R39
Biltong Cheese Sauce	R39
Creamy Frangelico Pepper Sauce	R39
Whiskey Chilli Chocolate Sauce	R39

## Sides

Bread Basket	R15
Side Greek Salad	R45
Rustic Cut Potato Fries	R28
Garlic Pepper Mash	R38
Sweet Potato Fries	R30
Roasted Vegetables	R35
Stir-Fry Vegetables	R35
Ga Rouge Peanut butter pumpkin mash	R38
Sweet Potato Hummus Puree	R38

